

SERVICES AVAILABLE FROM DVR

What types of services does DVR offer?

DVR offers a variety of services to assist people with disabilities to prepare for, get, and keep jobs. The services you use depend on your individual needs and circumstances.

DVR can provide you with the information necessary to assist you in deciding which services you need to reach your job goal. Examples of services include:

Assessment services to measure your strengths, capabilities, work skills and interests. These services assist you in selecting a job goal and the DVR services you need to reach that goal.

Counseling and guidance services provided throughout the rehabilitation process to help you make good decisions about how to reach your goals.

Independent living services help you understand and deal with disability issues that prevent you from working; these include, but are not limited to:

- Training in self-care
- Money management
- Using community transportation

Assistive technology services assist you with communication or doing tasks by using devices such as, hearing aids, visual aids, special computer software, etc. You can explore with your counselor how technology might help you reach your employment potential or get a device you need to go to work.

Training services provide you with work skills needed to achieve your employment goal. Assisting with vocational education, classroom training, college, or training to operate a small business.

Job placement helps you carry out your job search, including:

- Assistance completing application forms
- Developing a resume
- Practicing interview skills, and identifying job leads



To learn more about how to get started with DVR, contact us to set up an appointment. DVR has offices in many cities across Washington to serve you. **Call 1-800-637-5627** Voice/TTY to find the office closest to where you live.

Division of Vocational Rehabilitation

Washington State Department of Social and Health Services
PO Box 45340 • Olympia, WA 98504-5340
1-800-637-5627 (Voice/TTY) or
(360) 725-3636 (Voice/TTY)
Visit our website at: www.dshs.wa.gov/dvr

PEOPLE WITH DISABILITIES

Employ Your Abilities



DVR Division
of Vocational
Rehabilitation

DVR's Purpose

DVR's purpose is to empower people with disabilities to achieve a greater quality of life by obtaining and maintaining employment. DVR believes employment contributes to a person's ability to live independently and everyone has a right to work.

As a division of the Department of Social and Health Services, with offices located throughout Washington, DVR has partnered with communities since 1933 to help meet the employment needs of people with disabilities and employers.

Do you want to work?

If you have a disability that makes it difficult for you to get or keep a job, and you want to work, the Washington State Division of Vocational Rehabilitation (DVR) can help.

Will you work hard to reach your job goal?

If you will, then DVR is for you. You can change your future, but you must take responsibility for your program and your success. While DVR is here to help and guide you, there will be things you must do yourself.

What is DVR?

DVR is a statewide resource for people with disabilities. We assist individuals with disabilities in getting and keeping a job. DVR is a state and federally-sponsored program. DVR works in partnership with the community and businesses to develop employment opportunities for people with disabilities.

Who does DVR serve?

DVR may serve you if you:

- 1 Have a physical or mental disability that makes it difficult to get a job or keep a job that matches your skills, potential, and interest.
- 2 Need services and support, such as counseling, training, or assistance with a job search, in order to get or keep a job.

The Rehabilitation Process

1 Orientation/Application

- DVR will provide you with information about vocational rehabilitation services.
- You must complete an application with DVR before services can begin.

2 Eligibility

You are eligible for DVR services if you:

- Have a physical or mental disability that results in a substantial barrier to employment; and
- Require vocational rehabilitation services to get or keep a job.

Your DVR counseling team collects records to document your identity, disability, and work status. If no records about your disability exist, you may need to complete medical examinations or tests to verify or support eligibility.

3 Vocational Assessment

You and a DVR counselor explore types of jobs that best match your interests and strengths. You will review:

- Your strengths, abilities and interests;
- Your work history and skills;
- Information about local job market trends.

Or you may complete:

- Interest and/or aptitude tests; or
- Job try-outs.

4 Plan for Employment

The DVR counselor offers ongoing counseling, guidance, and support as you get or keep a job. This may include:

- Selecting a job goal;
- Writing a plan that outlines what steps and services you need to reach your job goal; and
- Beginning to work on the activities outlined in your plan that may include:
 - Training or education
 - Conducting a job search
 - Researching job-related resources and referrals
 - Job search training
 - Resumé and interview techniques
 - Job placement assistance
 - Support in keeping a job

5 Successfully Employed

- After you get a job, DVR will maintain contact with you for at least 90 days to make sure the job is a good match.
- After 90 days, if you are doing well on the job and no other services are needed, you and a DVR counselor decide when to close your case.

6 Post Employment

- If you need assistance after your case is closed as successfully employed, DVR can reopen the case and provide assistance to help you keep your job.
- If your job is lost, DVR can help you find a similar job, or assist you with reapplying for DVR services.



Employ Your Abilities
through the
DVR Process

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